Preliminary Programme — *subject to change*

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Thursday 24 September

TRAMSHEDS (4 Invermay Road)

0700	Registration Desk opens at Tramsheds
	Trainee Forum
0800	Forum opening
	Cultural Considerations around Death and Dying Nina Evason, Mosaica Group, Brisbane
	Talking to Children about Death and Dying Dr Naomi Katz, Alfred Health and Melbourne Health / Peter MacCallum Cancer Centre, Melbourne Dr Daniel Dorevitch, Children's Health Queensland, Cairns
	Morning Refreshments
	Behavioural and psychological symptoms in advanced dementia Dr Aaron Wong, Eastern Health, Melbourne
	Trauma-informed care Dr Sharonne Zaks AM, Melbourne Dental Clinic and University of Melbourne, Melbourne
	Lunch
	Kintsugi QI: Making broken healthcare better Prof Karl Lorenz, Stanford School of Medicine, USA Michelle DeNatale, Stanford Health Care, USA
1500	Forum close Afternoon Refreshments & relocate to conference if registered for ANZSPM 2026 conference programme (10-15 min walk)
	Communication Skills Workshop
0800	Workshop opening
1215	Workshop close

With thanks to our Trainee Forum sponsor

1215 - 1300	Lunch & relocate to conference if registered for ANZSPM 2026 conference programme (10-15 min walk)

ALBERT HALL LAUNCESTON (47 Tamar Street)

0900	Registration Desk opens at Albert Hall Launceston
1000	Special Interest Workshops (running concurrently):
	• Kidney Supportive Care
	• Public Health
	• Neuropalliative Care
1200	Lunch
1300	Special Interest Workshops (running concurrently):
	• Rural and Remote / GP
	• Respiratory – Breathing well at home: more than the lungs
	• Spiritual Dimension of Palliative Care
1500	Afternoon Refreshments
1600	Conference Opening
1630	Rosalie Shaw Oration Dr Frank Brennan AM
1720	Plenary 1 **The role of creativity in connecting with patients and providing care** Dr Sharonne Zaks AM, Melbourne Dental Clinic and University of Melbourne, Melbourne
1805	**Close of Day 1**
1815 - 2030	**ANZSPM 2026 Welcome Reception, Albert Hall Launceston**

Friday 25 September

ALBERT HALL LAUNCESTON (47 Tamar Street)

0700	Registration Desk opens at Albert Hall Launceston
0715	ANZSPM AGM breakfast (members only) at Verge Hotel, 50 Tamar Street
0730	ANZSPM AGM (members only) at Verge Hotel, 50 Tamar Street
0830	Plenary 2 **What is a good death? An economic research agenda for Palliative Care** Prof Eric Finklestein, Duke-MUS Medical School, Singapore
0915	Plenary 3 **Advocacy for global change – addressing the abyss of lack of access to palliative care and pain relief** Dr Elizabeth Saenz, United Nations Office on Drugs and Crime, Austria (virtual) Prof Karl Lorenz, Stanford School of Medicine, USA Dr Shilpa Khanna, Sangwari, India
1015	**Poster Speed Talks 1:** • Using the Australian Refined Diagnosis Related Groups (AR-DRG) casemix classification to describe complexity in patients admitted under a specialist palliative care service **Dr Estelle White** • No rest for the weary: Case studies of complexities with restless legs syndrome management in an outpatient supportive and palliative care setting **Dr Shalini Ponnampalam** • A decades-old winning formula: continuous subcutaneous infusions (CSCI) and drug combinations in palliative care **Dr Mary Andhoga** • A Dose of Grief: Death education for medical students **Paris Matthews & Isabelle Ewert** • Diagnosis-associated differences in continuous subcutaneous infusion use and end-of-life decision making: malignant versus non-malignant disease **Dr Vivek Narotam**
1020	**Poster Speed Talks 2:** • Providing outpatient palliative care for patients with non-malignant diagnoses: a pilot evaluation **Dr Clare Browne** • Impact of COVID-19 pandemic on palliative care delivery for people living with dementia in residential aged care: Facility Manager perspectives **Dr Manoshayini Sooriyakumaran** • Rapid Analgesia Without Opioids: Inhaled Methoxyflurane for Acute Pain in Palliative Care — A Prospective Audit **Dr Yew Chin Lau** • Silencing the persistent cough: speech pathology intervention in palliative care **Dr Caroline Xue**
1025	**Poster Speed Talks 3:** • Australia's medication shortages in palliative care – a call for a multi-agency response **Dr Shalini Ponnampalam**

	• Experiences of assisted telehealth for medical review in community palliative care: a retrospective cohort review **Dr Fan-en (Annie) Chiu** • Enabling Home with Grace and Dignity: Early Success of a Reliable Harmonised Compassionate Discharge Model **Angie Lim** • Comfort Over Cure: Lessons from a case of End-Stage Kidney Failure in Systemic Sclerosis **Dr Shabana Khalla**
1030	Morning Refreshments
1100	Concurrent Session 1

International and national advocacy for equity of access to essential medicines and palliative care	**Evolving concepts of palliative care practice**	**Evolving concepts of palliative care practice**	**Timely referral / improving access**
A facilitated structured approach to establish a collective purpose statement to advance palliative care in the Asia Pacific region: the Cynthia Goh Fellowship initiative **Dr Aaron Bak Ong Wong**	Comparing symptoms and outcomes between non-malignant patients in Australian inpatient palliative care: a multi-site observational study **A/Prof Davinia Seah**	Be SMART: Rethinking Methadone Initiation and Rotation for Cancer Pain in Routine Palliative Care **Dr Warrick Jones**	Early palliative care – how do we make it happen? **Prof Jenny Philip**, Palliative Care Nexus, University of Melbourne
Strengthening palliative care in the Indo-Pacific through a cervical cancer elimination program: the EPICC model **Prof Melanie Lovell**	Malignant versus non-malignant inpatient palliative care at three Australian metropolitan services: a 10-year observational cohort study (2015–2024) **Dr Hisato Kosai**	A simple approach to improve understanding of why Pro re nata opioids and/or benzodiazepines are being administered in hospitalised palliative care patients **Dr Sarah Pascoe**	
The Economic Impact of Early Palliative Care in Australia **A/Prof Chris Schilling**	Voluntary Assisted Dying in an Inpatient Palliative Care Unit: A 3-Year Retrospective Audit of Prevalence, Clinical Characteristics, and Outcomes **Dr Andrew Young**	Concurrent sedative use after phenobarbital initiation in palliative sedation therapy: a descriptive audit and guideline-based analysis **Dr Hossein Kasiri**	Moving upstream: Identifying newly referred patients to Medical Oncology suitable for early palliative care by utilising the “Royal Marsden Triggers Tool **Dr Patrick Daly**
Impact of Hydromorphone Slow Release Discontinuation on Opioid Prescribing: A Retrospective Advanced Cancer Cohort Study **Dr Aaron K Wong**	Voluntary Assisted Dying in an Institutional Non-Participating Specialist Palliative Care Service – Processes, Outcomes and Learnings **Dr Alexander Kochi**	Extended Duration Continuous Subcutaneous Infusions in Rural Community Palliative Care: a Prospective Observational Cohort Study **Dr Sophie Alcock**	Timeliness and appropriateness of referrals to specialist palliative care from primary care: Perspectives from specialist palliative care services **Dr Arjun Poudel**
What is a ‘good death’ in Sri Lanka? **Dr Lihini Wijeyaratne**	Perceptions of the Effect of Sound, Light and Temperature in a Palliative	CMV reactivation after Checkpoint Inhibitor Immunotherapy. Thinking	Care of the most complex- how collaboration is the key **Dr Abigail Franklin**

	Care Ward: Survey of Perspectives of Patients and Staff **A/Prof Davinia Seah**	outside the box in patients with refractory symptoms **Dr Alison Blight**	
1215	Lunch		
1315	Concurrent Session 2		
Palliative care in underserved populations, including low and middle income countries	**Models to improve access to palliative care**	**Evolving concepts of palliative care practice**	**Psychoexistential dimensions of palliative care practice, including spiritual care**
Empowering Sri Lankan healthcare workers to deliver a 'good death'- a strengths-based framework and approach **Dr Lihini Wijeyaratne**	He Whare Korowai – an innovative approach to community inpatient palliative care. West Auckland, New Zealand **Dr Celia Palmer**	Proportionality in palliative sedation therapy: bridging the gap between guideline intent and clinical practice **Dr Hossein Kasiri**	The use of rituals to address spiritual needs in palliative care: An Australian cohort study **A/Prof Natasha Michael**
End of life care for elderly people with chronic, progressive non-cancer illness – a retrospective audit of the quality of dying in a small metropolitan hospital **Dr Phyllis Tay**	A social history of Palliative Medicine in Australia and New Zealand **Dr Ofra Fried**	Body and Mind - the unique role of a psychiatrist in caring for patients in two very different palliative care units in Sydney, Australia **Dr Abigail Franklin**	Re-conceptualising wellbeing in palliative care **Dr Claire Stokes**
Chinese-Australian Patients and Carers in Palliative Care: A Qualitative Study of Experiences, Cultural Dimensions and Challenges to Person-Centred Care **Dr Theresa Nguyen**	Projecting Unmet Palliative Care Needs in Australia: A Health Workforce Planning Model for Palliative Care **Susannah Annable & A/Prof Chris Schilling**	Implications of High Risk Pharmacogenomic Variants for Symptom Management Prescribing in Palliative Cancer Care **Dr Aaron K Wong**	Evaluating Psycho-existential Outcome Measures for Psychedelic Trials in Palliative Care: A Scoping Review **A/Prof Seunghun Lee & Prof Phillip Good**
Bridging the Gap in Specialized Cancer Pain Management: "CHALLENGE-Canpain," a Remote Expert Consultation Platform **Dr Eriko Satomi**	TBC	The Cost of Informal Cancer Caregiving (CCC) Questionnaire: pilot of a co-designed tool for palliative oncology **Prof Jennifer Philip**	A Prospective Cohort Study Evaluating the Psycho-Existential Concerns and Psychopathology in Advanced Illness **A/Prof Natasha Michael**
1415	Concurrent Session 3		
Palliative care in underserved populations, including low and middle income countries	**Models to improve access to palliative care**	**International and national advocacy for equity of access to essential medicines and palliative care**	**Respecting Personhood**
Patient Characteristics and Outcomes in a Newly Established Hospice in	Going the extra mile: Teletrials in palliative care **Dr Claire Stokes**	A national pharmacoepidemiologic study of rapid-onset opioids for	Reframing Hope Under Time Constraints: A Case of Restoring

India: A Retrospective Study from Manipal Hospice and Respite Centre **Dr Kunal Das**		advanced cancer in Australia, 2013–2025: rarely used, intensively dosed **Dr Aaron K Wong**	Patient-Led Decision Making in Hospice Care **Misaki Fujiwara**
How do Sri Lankan newspapers represent palliative care? A discourse analysis **Dr Lihini Wijeyaratne**	Developing a "Last 1000 Days" Framework in Aged Care: Integrating Frailty, Reablement, End-of-Life Care and Voluntary Assisted Dying into Clinical Governance **Glen Williams**	Improving community-based anticipatory prescribing at end of life: embedding the National Core Community Palliative Care Medicines List **Dr Arvind Gunasekaran**	Bespoke virtual carer support: lessons from lived experience and the Specialist Palliative Care Rural Telehealth (SPaRTa) Service **Dr Premjeet Ram**
Geographic variation in symptoms at palliative care admission among Australian cancer patients **Jared Tang**	Is palliative care associated with lower terminal hospital costs for people with non-cancer diagnoses? A single site retrospective study **A/Prof Davinia Seah**	Dying Gracelessly? Deaths in hospital of RACF Residents: A retrospective mixed-methods analysis of precipitating factors and the quality of end of life care **Dr Shampa Sinha**	Respecting Personhood Through Integrative Care: Making Invisible Clinical Work in Palliative Care Visible **Dr Carrie Lethborg**
TBC	Caring for the Carer: A Pilot Telehealth Carer Coaching Model for Carers of People Receiving Palliative Care in Rural and Remote Queensland **Kelly Buzza**	TBC	TBC

1515	Afternoon Refreshments
1545	Plenary 4 **Where science meets the art of caring** Dr Masanori Mori, Seirei Mikatahara General Hospital, Japan
1630	Plenary 5 **Exploring prognosis with parents of very sick children** Dr Naomi Katz, Alfred Health and Melbourne Health / Peter MacCallum Cancer Centre, Melbourne
1700	**Close of Day 2**
1830 - 2230	**ANZSPM 2026 Conference Dinner** **St John's Church, 157 St John Street**
2200 - 2400	**Party on at the Dill Pickle Club!** **Level 1/78 St John Street**

Saturday 26 September

ALBERT HALL LAUNCESTON (47 Tamar Street)

0800	Registration Desk opens at Albert Hall Launceston
0830	**AChPM FELLOWS UPDATE** at Verge Hotel, 50 Tamar Street
0900	**Concurrent Session 4**

Humanities and palliative care	Quality improvement in palliative care	Quality improvement in palliative care
Ethical scaffolding and end-of-life care: moral distress and the limits of clinical guidance **Aahana Dudani**	Palliative Care Input and Treatment Patterns in Heart Failure Patients at End of Life in a Hospital Setting- A Retrospective Cohort Study **Dr Than Than Aye**	Retrospective observational study of levomepromazine use in end-of-life care in a metropolitan palliative care inpatient unit **Dr Luc Farnan**
Bridging Ethics and Innovation: An ethical evaluation of teletrials in patients with advanced cancer receiving palliative care **Dr Claire Stokes**	Enhancing telehealth in palliative and cancer outpatient care: Evaluating the implementation of a novel consultation summary software application **Dr Laura Bird**	What are the Barriers to Achieving Home Death in Patients Receiving Community Specialist Palliative Care? **Dr Danica Pasia**
The Lethal Absence of Hope **Dr Sherina Mubiru**	Residential aged care staff and their desire for Goals of Care training: Findings from IMPART trial **A/Prof Barbara Hayes**	Assessing quality of dying in patients with advanced renal failure in the Australian Capital Territory: a multi-instrument quality care evaluation **Dr Lucy Aitken**
Pathways to access timely pain management and palliative care for people with pancreatic cancer **Prof Jennifer Philip**	Consumer dissatisfaction in a specialist palliative care service **Prof Phillip Good**	Palliative Care clinicians' medication recommendations for Intensive Care Unit patients transitioning to ward-based end-of-life care: a descriptive study **Dr Amanda Tan**
The Ethics of Palliative Sedation: Navigating Uncertainty at the End of Life **Dr Daniel Dorevitch**	Simplifying the highly complex- tailored CMIs for adolescent and young adults with palliative care needs **Dr Abigail Franklin**	Describing incidence, outcomes and risk factors of falls with injury in the community palliative care setting: a retrospective cohort study **Dr Frances Squires**
TBC	TBC	End-of-life care quality indicators for residential aged care facility residents: a retrospective cohort study of hospital and facility deaths **Dr Merlina Sulistio**

1030	Morning Refreshments
1100	**Poster Speed Talks 4:** • Increased collaboration between a hospice and a Māori health and social service provider following joint delirium research **Kaye Basire** • Assessment of Bereavement Risk and the Acceptability and Feasibility of a Bereavement Support Service at an Acute Tertiary Hospital **A/Prof Jaclyn Yoong** • Understanding place of death in patients with solid organ malignancies – a retrospective comparison of deaths at an acute hospital and an inpatient palliative care unit **Dr Matthew Stanny** • Advance care planning in end-stage liver disease: A mixed-methods systematic review **Dr James Newman** • MethoxyFLurane inhaler for single episode cancer-related incident pain in palliative cARE patients: The FLARE Feasibility Study Protocol **Dr Ahmed Nagla**
1105	**Poster Speed Talks 5:** • Factors impacting constipation prescribing patterns in oncology and palliative care patients **Dr Laura Elsom** • The impact of embedding pharmacy expertise in a regional specialist palliative care service - bridging gaps in medication management for patients and healthcare professionals **Niamh O'Neill** • Differences in O_2 related observations in patients who received pleurodesis and patients who received a pleural drain, for the management of malignant pleural effusion **Jasmin Juncal** • Going Home on Time (GHOT): A quality improvement project aimed at streamlining workload in a Specialist Palliative Care Consult Team **Dr Naomi Gleadle** • The role of smoking ceremonies in end-of-life care for Aboriginal patients and communities in providing culturally safe, patient-centred care in Western Sydney **Jiv Matthews** • Examining Advance Care Planning Practices: A Descriptive Study of ACP Tracker Utilisation **Dr Rachel Barr**
1110	**Poster Speed Talks 6:** • Pilot project: implementation of a structured patient/family experience feedback process to drive quality improvement in a specialist palliative care unit **Sandra Gatt** • End of Life Care for Residential Aged Care Home Residents in a Regional Australian Hospital **Dr Lauren Wild** • Ward-Based Palliative High-Flow Nasal Oxygen: Should It Become Standard Practice? **Dr Jessica Borbasi** • An Audit of Sodium Valproate Continuous Subcutaneous Infusion Use in the Inpatient Hospice Setting **Dr Daniel Ong** • Do Nutrition Screening Practices and Dietitian Referrals in a Palliative Care Unit vary by Admission Goals of Care? A Retrospective Audit **Alyssa Yap** • Reframing palliative care conversations: a co designed educational approach to supporting timely integration in cancer care **A/Prof Amy Waters**
1115	Plenary 6 **Creative solutions: food for thought, space to breathe, music to our ears** Hanz Lee, JAWS Architect, Hobart Emily Sanzaro, Occupational Therapist and Harpist, Launceston Paul Amourgis & Carly Palmer, Van Diemens Land Creamery, Elizabeth Town

	Hannah Maloney, Director of Goodlife Permaculture, Author, TV Presenter on ABC's Gardening Australia, Hobart
1230	Lunch
1330	Concurrent Session 5

Education and training in palliative care	Quality improvement in palliative care	Other	Relational Care
From co-design to clinical practice: designing an online education course to support timely palliative care integration in cancer care **A/Prof Amy Waters**	Enabling rapid quality improvement in palliative care: implementing the PCOC digital dashboard **Sabina Clapham & Kylie Draper**	Patient-reported outcome measures for supportive care in heart failure: results from an Australian heart failure clinician survey **Dr Laura Bird**	**WORKSHOP** Grief and Art: Honouring the Grieving Process Through Creative Expression **Christina Wilson**
A bi-directional approach to education and learning - The Northern Tasmanian Palliative Care Project ECHO **Dr Faline Howes**	Deprescribing practices for elderly patients admitted to a palliative care unit in Sydney, NSW: A retrospective cohort study **Dr Ashleigh Elkins**	Implementation of integrated palliative care outcome scale (IPOS) into palliative care clinics **Dr Kimberly Ming Li Gan**	
Updating ANZSPM Guidance Statement: Use of Palliative Sedation Therapy (PST) in Australia and New Zealand **Dr Chien-che Lin**	Nutrition Screening Practice and Dietitian Referral Patterns in a Palliative Care Unit: Audit of the Malnutrition Screening Tool Use **Alyssa Yap**	The challenges of left ventricular assist device de-activation: when the bridge becomes a destination **Dr Shampa Sinha**	
TBC **Dr Maria Cigolini**	Home-Based Goals of Care: Enhancing Communication and Decision-Making in the Community **Dr Hao Zhuo & A/Prof Barbara Hayes**	Patterns of Healthcare utilisation and palliative care in the last 12 months of life **Dr Megan Opferkuch**	
TBC	Development of a statewide Community of Practice (COP) for Motor Neurone Disease (MND) Care partnering with people with lived experience **Dr Dharshini Kunahlan**	Antimicrobial prescribing patterns in the last 2 weeks of life at a single tertiary hospital **Dr Merlina Sulistio**	
TBC	Advance care planning in older inpatients being discharged to residential aged care facilities **Dr Kevin Danagher**	The Carbon Footprint of an Australian Palliative Care Unit **Dr Scott Bushen**	

1500	Afternoon Refreshments
1530	Plenary 7 **Psychedelics in clinical care** Dr Justin Dwyer, Psychiatrist, Melbourne Dr Marg Ross, Clinical Psychologist, Melbourne
1630 -1700	**Conference Close - Awards & Reflections**
1700-1800	Performance: ade ishs, jazz pianist (cash bar open)