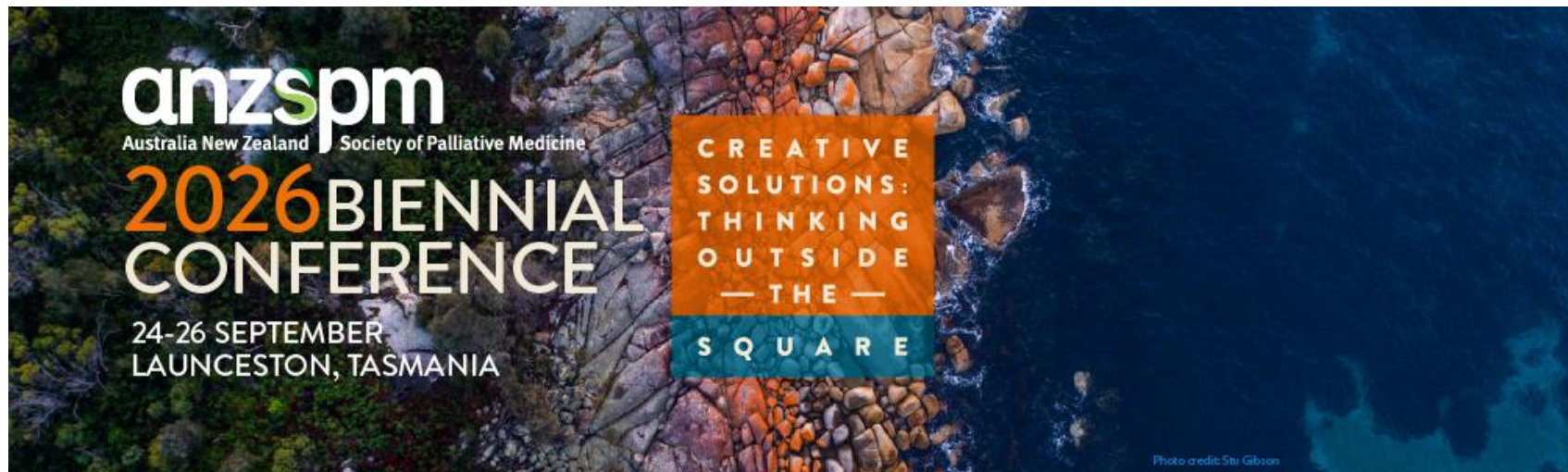




Preliminary Programme — *subject to change*

Our Sponsors and Supporters



Thursday 24 September

TRAMSHEDS (4 Invermay Road)

0700	Registration Desk opens at Tramsheds	<i>With thanks to our Trainee Forum sponsor</i>  CLIFFORD CRAIG HEALTH FOUNDATION <i>Health . Research . Hope</i>
	Trainee Forum	
0800	Forum opening	
	Cultural Considerations around Death and Dying Nina Evason, Mosaica Group, Brisbane	
	Talking to Children about Death and Dying Dr Naomi Katz, Alfred Health and Melbourne Health / Peter MacCallum Cancer Centre, Melbourne Dr Daniel Dorevitch, Children's Health Queensland, Cairns	
	Morning Refreshments	
	Behavioural and psychological symptoms in advanced dementia Dr Aaron Wong, Eastern Health, Melbourne	
	Trauma-informed care Dr Sharonne Zaks AM, Melbourne Dental Clinic and University of Melbourne, Melbourne	
	Lunch	
	Kintsugi QI: Making broken healthcare better Prof Karl Lorenz, Stanford School of Medicine, USA Michelle DeNatale, Stanford Health Care, USA	
1500	Forum close Afternoon Refreshments & relocate to conference if registered for ANZSPM 2026 conference programme (10-15 min walk)	
	Communication Skills Workshop	
0800	Workshop opening	
1215	Workshop close	

1215 - 1300	Lunch & relocate to conference if registered for ANZSPM 2026 conference programme (10-15 min walk)
--------------------	---

ALBERT HALL LAUNCESTON (47 Tamar Street)

0900	Registration Desk opens at Albert Hall Launceston
0930	Morning Refreshments
1000	Special Interest Workshops (running concurrently):
	• Kidney Supportive Care
	• Public Health
	• Neuropalliative Care
1200	Lunch
1300	Special Interest Workshops (running concurrently):
	• Rural and Remote / GP
	• Respiratory – Breathing well at home: more than the lungs
	• Spiritual Dimension of Palliative Care
1500	Afternoon Refreshments
1600	Conference Opening
1630	Rosalie Shaw Oration Dr Frank Brennan AM
1720	Plenary 1 The role of creativity in connecting with patients and providing care Dr Sharonne Zaks AM, Melbourne Dental Clinic and University of Melbourne, Melbourne
1805	Close of Day 1
1815 - 2030	ANZSPM 2026 Welcome Reception, Albert Hall Launceston

Friday 25 September

ALBERT HALL LAUNCESTON (47 Tamar Street)

0700	Registration Desk opens at Albert Hall Launceston
0715	ANZSPM AGM breakfast (members only) at Verge Hotel, 50 Tamar Street
0730	ANZSPM AGM (members only) at Verge Hotel, 50 Tamar Street
0830	Plenary 2 What is a good death? An economic research agenda for Palliative Care Prof Eric Finklestein, Duke-MUS Medical School, Singapore
0915	Plenary 3 Advocacy for global change – addressing the abyss of lack of access to palliative care and pain relief Dr Elizabeth Saenz, United Nations Office on Drugs and Crime, Austria (virtual) Prof Karl Lorenz, Stanford School of Medicine, USA Dr Shilpa Khanna, Sangwari, India
1015	Poster Speed Talks 1: - Using the Australian Refined Diagnosis Related Groups (AR-DRG) casemix classification to describe complexity in patients admitted under a specialist palliative care service Dr Estelle White, Chris O'Brien Lifehouse Hospital - No rest for the weary: Case studies of complexities with restless legs syndrome management in an outpatient supportive and palliative care setting Dr Shalini Ponnampalam, Austin Health - A decades-old winning formula: continuous subcutaneous infusions (CSCI) and drug combinations in palliative care Dr Mary Andhoga, Mary Potter Hospice - A Dose of Grief: Death education for medical students Paris Matthews & Isabelle Ewert, University of Melbourne - Diagnosis-associated differences in continuous subcutaneous infusion use and end-of-life decision making: malignant versus non-malignant disease Dr Vivek Narotam, Ipswich Hospital
1020	Poster Speed Talks 2: - Providing outpatient palliative care for patients with non-malignant diagnoses: a pilot evaluation Dr Clare Browne, Austin Health - Impact of COVID-19 pandemic on palliative care delivery for people living with dementia in residential aged care: Facility Manager perspectives Dr Manoshayini Sooriyakumaran, Peter MacCallum Cancer Centre - Rapid Analgesia Without Opioids: Inhaled Methoxyflurane for Acute Pain in Palliative Care — A Prospective Audit Dr Yew Chin Lau - Silencing the persistent cough: speech pathology intervention in palliative care Dr Caroline Xue, Monash Health
1025	Poster Speed Talks 3:

	• Australia's medication shortages in palliative care – a call for a multi-agency response Dr Shalini Ponnampalam, Austin Health • Experiences of assisted telehealth for medical review in community palliative care: a retrospective cohort review Dr Fan-en (Annie) Chiu, Mercy Palliative Care • Enabling Home with Grace and Dignity: Early Success of a Reliable Harmonised Compassionate Discharge Model Angie Lim, National University Hospital Singapore • Comfort Over Cure: Lessons from a case of End-Stage Kidney Failure in Systemic Sclerosis Dr Shabana Kalla, NSW Health			
1030	Morning Refreshments			
1100	Concurrent Session 1			
International and national advocacy for equity of access to essential medicines and palliative care		Evolving concepts of palliative care practice	Evolving concepts of palliative care practice	Timely referral / improving access
A facilitated structured approach to establish a collective purpose statement to advance palliative care in the Asia Pacific region: the Cynthia Goh Fellowship initiative Dr Aaron Bak Ong Wong, Eastern Health		Comparing symptoms and outcomes between non-malignant patients in Australian inpatient palliative care: a multi-site observational study A/Prof Davinia Seah, St Vincent's Hospital Sydney Ltd	Be SMART: Rethinking Methadone Initiation and Rotation for Cancer Pain in Routine Palliative Care Dr Warrick Jones, North Haven Hospice	Early palliative care – how do we make it happen? Prof Jenny Philip, Palliative Care Nexus, University of Melbourne
Strengthening palliative care in the Indo-Pacific through a cervical cancer elimination program: the EPICC model Prof Melanie Lovell, Hammondcare		Malignant versus non-malignant inpatient palliative care at three Australian metropolitan services: a 10-year observational cohort study (2015–2024) Dr Hisato Kosai, University of Technology Sydney	A simple approach to improve understanding of why Pro re nata opioids and/or benzodiazepines are being administered in hospitalised palliative care patients Dr Sarah Pascoe, St Vincent's Hospital Melbourne	
The Economic Impact of Early Palliative Care in Australia A/Prof Chris Schilling, University of Melbourne		Voluntary Assisted Dying in an Inpatient Palliative Care Unit: A 3-Year Retrospective Audit of Prevalence, Clinical Characteristics, and Outcomes Dr Andrew Young	Concurrent sedative use after phenobarbital initiation in palliative sedation therapy: a descriptive audit and guideline-based analysis Dr Hossein Kasiri, Austin Health	Moving upstream: Identifying newly referred patients to Medical Oncology suitable for early palliative care by utilising the “Royal Marsden Triggers Tool” Dr Patrick Daly, Southern Adelaide Palliative Care Service

Impact of Hydromorphone Slow Release Discontinuation on Opioid Prescribing: A Retrospective Advanced Cancer Cohort Study Dr Aaron K Wong, Peter MacCallum Cancer Centre		Voluntary Assisted Dying in an Institutional Non-Participating Specialist Palliative Care Service – Processes, Outcomes and Learnings Dr Alexander Kochi, Queensland Health	Extended Duration Continuous Subcutaneous Infusions in Rural Community Palliative Care: a Prospective Observational Cohort Study Dr Sophie Alcock,	Timeliness and appropriateness of referrals to specialist palliative care from primary care: Perspectives from specialist palliative care services Dr Arjun Poudel, Palliative Care Outcomes Collaboration, UOW
What is a ‘good death’ in Sri Lanka? Dr Lihini Wijeyaratne, University of Melbourne		Perceptions of the Effect of Sound, Light and Temperature in a Palliative Care Ward: Survey of Perspectives of Patients and Staff A/Prof Davinia Seah, St Vincent's Hospital Sydney Ltd	CMV reactivation after Checkpoint Inhibitor Immunotherapy. Thinking outside the box in patients with refractory symptoms Dr Alison Blight, Palliative Care Specialist Private Practice	Care of the most complex- how collaboration is the key Dr Abigail Franklin, Manly Adolescent and Young Adult Hospice
1215	Lunch			
1315	Concurrent Session 2			
Palliative care in underserved populations, including low and middle income countries		Models to improve access to palliative care	Evolving concepts of palliative care practice	Psychoexistential dimensions of palliative care practice, including spiritual care
Empowering Sri Lankan healthcare workers to deliver a ‘good death’ - a strengths-based framework and approach Dr Lihini Wijeyaratne, University of Melbourne		He Whare Korowai – an innovative approach to community inpatient palliative care. West Auckland, New Zealand Dr Celia Palmer, Hospice West Auckland	Proportionality in palliative sedation therapy: bridging the gap between guideline intent and clinical practice Dr Hossein Kasiri, Austin Health	The use of rituals to address spiritual needs in palliative care: An Australian cohort study A/Prof Natasha Michael, University of Notre Dame Australia
End of life care for elderly people with chronic, progressive non-cancer illness – a retrospective audit of the quality of dying in a small metropolitan hospital Dr Phyllis Tay, Tasmanian Health Service		A social history of Palliative Medicine in Australia and New Zealand Dr Ofra Fried, Queensland Health	Body and Mind - the unique role of a psychiatrist in caring for patients in two very different palliative care units in Sydney, Australia Dr Abigail Franklin, Manly Adolescent and Young Adult Hospice	Re-conceptualising wellbeing in palliative care Dr Claire Stokes, Mater Hospital Brisbane
Chinese-Australian Patients and Carers in Palliative Care: A Qualitative		Projecting Unmet Palliative Care Needs in Australia: A Health Workforce	Implications of High Risk Pharmacogenomic Variants for	Evaluating Psycho-existential Outcome Measures for Psychedelic

Study of Experiences, Cultural Dimensions and Challenges to Person-Centred Care Dr Theresa Nguyen, Blacktown Hospital	Planning Model for Palliative Care Susannah Annable & A/Prof Chris Schilling, University of Melbourne	Symptom Management Prescribing in Palliative Cancer Care Dr Aaron K Wong, Peter MacCallum Cancer Centre	Trials in Palliative Care: A Scoping Review A/Prof Seunghun Lee, Pusan National University & Prof Phillip Good, SVHA/MATER
Bridging the Gap in Specialized Cancer Pain Management: "CHALLENGE-Canpain," a Remote Expert Consultation Platform Dr Eriko Satomi, National Cancer Center Hospital	Developing a "Last 1000 Days" Framework in Aged Care: Integrating Frailty, Reablement, End-of-Life Care and Voluntary Assisted Dying into Clinical Governance Glen Williams, Onecare Ltd	The Cost of Informal Cancer Caregiving (CCC) Questionnaire: pilot of a co-designed tool for palliative oncology Prof Jennifer Philip, University of Melbourne	A Prospective Cohort Study Evaluating the Psycho-Existential Concerns and Psychopathology in Advanced Illness A/Prof Natasha Michael, University of Notre Dame Australia
1415	Concurrent Session 3		
Palliative care in underserved populations, including low and middle income countries	Models to improve access to palliative care	International and national advocacy for equity of access to essential medicines and palliative care	Respecting Personhood
Patient Characteristics and Outcomes in a Newly Established Hospice in India: A Retrospective Study from Manipal Hospice and Respite Centre Dr Kunal Das	Going the extra mile: Teletrials in palliative care Dr Claire Stokes, Mater Hospital Brisbane	A national pharmacoepidemiologic study of rapid-onset opioids for advanced cancer in Australia, 2013–2025: rarely used, intensively dosed Dr Aaron K Wong, Peter MacCallum Cancer Centre	Reframing Hope Under Time Constraints: A Case of Restoring Patient-Led Decision Making in Hospice Care Misaki Fujiwara, Kin-ikyo Chuo Hospital
How do Sri Lankan newspapers represent palliative care? A discourse analysis Dr Lihini Wijeyaratne, University of Melbourne	Pathways to access timely pain management and palliative care for people with pancreatic cancer Prof Jennifer Philip, University of Melbourne	Improving community-based anticipatory prescribing at end of life: embedding the National Core Community Palliative Care Medicines List Dr Arvind Gunasekaran, Queensland Health	Bespoke virtual carer support: lessons from lived experience and the Specialist Palliative Care Rural Telehealth (SPaRTa) Service Dr Premjeet Ram, SCHHS Palliative Care
Geographic variation in symptoms at palliative care admission among Australian cancer patients Jared Tang, University of Notre Dame	Is palliative care associated with lower terminal hospital costs for people with non-cancer diagnoses? A single site retrospective study	Dying Gracelessly? Deaths in hospital of RACF Residents: A retrospective mixed-methods analysis of precipitating factors and the quality of end of life care Dr Shampa Sinha,	Respecting Personhood Through Integrative Care: Making Invisible Clinical Work in Palliative Care Visible Dr Carrie Lethborg

	A/Prof Davinia Seah, St Vincent's Hospital Sydney Ltd	St Vincent's Hospital	
TBC	Caring for the Carer: A Pilot Telehealth Carer Coaching Model for Carers of People Receiving Palliative Care in Rural and Remote Queensland Kelly Buzza, Sunshine Coast Hospital & Health Service	TBC	TBC
1515	Afternoon Refreshments		
1545	Plenary 4 Where science meets the art of caring Dr Masanori Mori, Seirei Mikatahara General Hospital, Japan		
1630	Plenary 5 Exploring prognosis with parents of very sick children Dr Naomi Katz, Alfred Health and Melbourne Health / Peter MacCallum Cancer Centre, Melbourne		
1700	Close of Day 2		
1830 - 2230	ANZSPM 2026 Conference Dinner St John's Church, 157 St John Street		
2200 - 2400	Party on at the Dill Pickle Club! Level 1/78 St John Street		

Saturday 26 September

ALBERT HALL LAUNCESTON (47 Tamar Street)

0800	Registration Desk opens at Albert Hall Launceston		
0830	AChPM FELLOWS UPDATE at Verge Hotel, 50 Tamar Street		
0900	Concurrent Session 4		
Humanities and palliative care		Quality improvement in palliative care	Quality improvement in palliative care
Ethical scaffolding and end-of-life care: moral distress and the limits of clinical guidance Aahana Dudani, Monash University		Palliative Care Input and Treatment Patterns in Heart Failure Patients at End of Life in a Hospital Setting- A Retrospective Cohort Study Dr Than Than Aye, Palliative Nexus, St Vincent Health	Retrospective observational study of levomepromazine use in end-of-life care in a metropolitan palliative care inpatient unit Dr Luc Farnan, Mater Hospital
Bridging Ethics and Innovation: An ethical evaluation of teletriads in patients with advanced cancer receiving palliative care Dr Claire Stokes, Mater Hospital Brisbane		Enhancing telehealth in palliative and cancer outpatient care: Evaluating the implementation of a novel consultation summary software application Dr Laura Bird, Monash Health	What are the Barriers to Achieving Home Death in Patients Receiving Community Specialist Palliative Care? Dr Danica Pasia, St Vincent's Private Hospital Brisbane
The Lethal Absence of Hope Dr Sherina Mubiru, Tasmanian Health Service / Royal Hobart Hospital		Residential aged care staff and their desire for Goals of Care training: Findings from IMPART trial A/Prof Barbara Hayes, Northern Health	Assessing quality of dying in patients with advanced renal failure in the Australian Capital Territory: a multi-instrument quality care evaluation Dr Lucy Aitken, QLD Health
The Ethics of Palliative Sedation: Navigating Uncertainty at the End of Life Dr Daniel Dorevitch, Children's Health Queensland		Consumer dissatisfaction in a specialist palliative care service Prof Phillip Good, SVHA/MATER	Palliative Care clinicians' medication recommendations for Intensive Care Unit patients transitioning to ward-based end-of-life care: a descriptive study Dr Amanda Tan, Melbourne Health & Eastern Health
TBC		Simplifying the highly complex- tailored CMI's for adolescent and young adults with palliative care	Describing incidence, outcomes and risk factors of falls with injury in the community palliative care setting: a retrospective cohort study

	needs Dr Abigail Franklin, Manly Adolescent and Young Adult Hospice	Dr Frances Squires, Royal Melbourne Hospital
TBC	TBC Dr Ajuma Ogiji	End-of-life care quality indicators for residential aged care facility residents: a retrospective cohort study of hospital and facility deaths Dr Merlina Sulistio, Cabrini Health
1030	Morning Refreshments	
1100	Poster Speed Talks 4: - Increased collaboration between a hospice and a Māori health and social service provider following joint delirium research Kaye Basire, Te Omanga Hospice - Assessment of Bereavement Risk and the Acceptability and Feasibility of a Bereavement Support Service at an Acute Tertiary Hospital A/Prof Jaclyn Yoong, Northern Health/ Monash Health - Understanding place of death in patients with solid organ malignancies – a retrospective comparison of deaths at an acute hospital and an inpatient palliative care unit Dr Matthew Stanny, Tasmanian Health Service - Advance care planning in end-stage liver disease: A mixed-methods systematic review Dr James Newman, NSW Health - MethoxyFLurane inhaler for single episode cancer-related incident pain in palliative cARE patients: The FLARE Feasibility Study Protocol Dr Ahmed Nagla, Latrobe Regional Health	
1105	Poster Speed Talks 5: - Factors impacting constipation prescribing patterns in oncology and palliative care patients Dr Laura Elsom - The impact of embedding pharmacy expertise in a regional specialist palliative care service - bridging gaps in medication management for patients and healthcare professionals Niamh O'Neill - Differences in O₂ related observations in patients who received pleurodesis and patients who received a pleural drain, for the management of malignant pleural effusion Jasmin Juncal, The University of Notre Dame - Going Home on Time (GHOT): A quality improvement project aimed at streamlining workload in a Specialist Palliative Care Consult Team Dr Naomi Gleadle, Tasmanian Health Service - The role of smoking ceremonies in end-of-life care for Aboriginal patients and communities in providing culturally safe, patient-centred care in Western Sydney Jiv Matthews - Examining Advance Care Planning Practices: A Descriptive Study of ACP Tracker Utilisation Dr Prem Ram	
1110	Poster Speed Talks 6: - Pilot project: implementation of a structured patient/family experience feedback process to drive quality improvement in a specialist palliative care unit Dr Fan-en (Annie) Chiu, Mercy Palliative Care - End of Life Care for Residential Aged Care Home Residents in a Regional Australian Hospital Dr Lauren Wild, University of Sydney - Ward-Based Palliative High-Flow Nasal Oxygen: Should It Become Standard Practice? Dr Jessica Borbasi, Prince of Wales	

	• An Audit of Sodium Valproate Continuous Subcutaneous Infusion Use in the Inpatient Hospice Setting Dr Sivaraj Rajadorai, Canberra Health Service • Do Nutrition Screening Practices and Dietitian Referrals in a Palliative Care Unit vary by Admission Goals of Care? A Retrospective Audit Alyssa Yap, Monash University • Reframing palliative care conversations: a co designed educational approach to supporting timely integration in cancer care A/Prof Amy Waters, St George Hospital			
1115	Plenary 6 Creative solutions: food for thought, space to breathe, music to our ears Hanz Lee, JAWS Architect, Hobart Emily Sanzaro, Occupational Therapist and Harpist, Launceston Paul Amourgis & Carly Palmer, Van Diemens Land Creamery, Elizabeth Town Hannah Maloney, Director of Goodlife Permaculture, Author, TV Presenter on ABC's Gardening Australia, Hobart			
1230	Lunch			
1330	Concurrent Session 5			
Education and training in palliative care		Quality improvement in palliative care	Other	Relational Care
From co-design to clinical practice: designing an online education course to support timely palliative care integration in cancer care A/Prof Amy Waters, St George Hospital		Enabling rapid quality improvement in palliative care: implementing the PCOC digital dashboard Sabina Clapham, Palliative Care Outcomes Collaboration, UOW	Patient-reported outcome measures for supportive care in heart failure: results from an Australian heart failure clinician survey Dr Laura Bird, Monash Health	WORKSHOP Grief and Art: Honouring the Grieving Process Through Creative Expression Christina Wilson, University of Maryland
A bi-directional approach to education and learning - The Northern Tasmanian Palliative Care Project ECHO Dr Faline Howes, Tasmanian Health Service		Deprescribing practices for elderly patients admitted to a palliative care unit in Sydney, NSW: A retrospective cohort study Dr Ashleigh Elkins, Chris O'Brien Lifehouse	Implementation of integrated palliative care outcome scale (IPOS) into palliative care clinics Dr Kimberly Ming Li Gan, Concord General Hospital	
Updating ANZSPM Guidance Statement: Use of Palliative Sedation Therapy (PST) in Australia and New		Nutrition Screening Practice and Dietitian Referral Patterns in a Palliative Care Unit: Audit of the	The challenges of left ventricular assist device de-activation: when the bridge becomes a destination	

Zealand Dr Chien-che Lin, Eastern Palliative Care		Malnutrition Screening Tool Use Alyssa Yap, Monash University	Dr Shampa Sinha, St Vincent's Hospital	
Australian Recommendations for the Management of Hepatocellular Carcinoma: A Consensus Statement Dr Maria Cigolini		Home-Based Goals of Care: Enhancing Communication and Decision-Making in the Community Dr Hao Zhuo & A/Prof Barbara Hayes	Patterns of Healthcare utilisation and palliative care in the last 12 months of life Dr Megan Opferkuch, Northern Health	
TBC		Development of a statewide Community of Practice (COP) for Motor Neurone Disease (MND) Care partnering with people with lived experience Dr Dharshini Kunahlan	Antimicrobial prescribing patterns in the last 2 weeks of life at a single tertiary hospital Dr Merlina Sulistio, Cabrini Health	
TBC		Advance care planning in older inpatients being discharged to residential aged care facilities Dr Kevin Danagher, North Metropolitan Hospital Service	The Carbon Footprint of an Australian Palliative Care Unit Dr Scott Bushen, Metro North	
1500	Afternoon Refreshments			
1530	Plenary 7 Psychedelics in clinical care Dr Justin Dwyer, Psychiatrist, Melbourne Dr Marg Ross, Clinical Psychologist, Melbourne			
1630 - 1700	Conference Close - Awards & Reflections			
1715 - 1800	Performance: ade ishs, jazz pianist (cash bar open)			
1715 - 1905	Film: Edge of Life 'The doorway to death is the last great frontier in human life. Intellectually, we all know our lives will end, and yet - in the Western world at least - we act as if death is a mirage, disappearing the closer we move towards it. Two doctors in Australia are using psilocybin to help ease the anguish of their patients at the end of life, and the results they have seen are truly remarkable. But this visioning tool, like other plant medicines, is not new; it comes from ancient traditions.' Writers: Lynette Wallworth & Tashka Yawanawa Director: Lynette Wallworth Producer: Jo-anne McGowan, Stranger Than Fiction Films			

	1 hour 50 minutes duration
--	----------------------------