



anzspm

Australia New Zealand Society of Palliative Medicine

2026 BIENNIAL CONFERENCE

LAUNCESTON, TASMANIA
24-26 SEPTEMBER 2026

CREATIVE
SOLUTIONS:
THINKING
OUTSIDE
THE
SQUARE

PROGRAMME

OUR SPONSORS AND SUPPORTERS



THURSDAY 24 SEPTEMBER

TRAMSHEDS (4 Invermay Road)

0700 **TRAMSHEDS**
Registration Desk open

Trainee Forum

0800 Forum opening

With thanks to our Trainee Forum sponsor



Cultural Considerations around Death and Dying

Nina Evason, Mosaica, Brisbane

Talking to Children about Death and Dying

Dr Naomi Katz, Alfred Health and Melbourne Health / Peter MacCallum Cancer Centre, Melbourne

Dr Daniel Dorevitch, Children's Health Queensland, Cairns

Morning Refreshments

Behavioural and psychological symptoms in advanced dementia

Dr Aaron Wong, Eastern Health, Melbourne

Trauma-informed care

Dr Sharonne Zaks AM, Melbourne Dental Clinic and University of Melbourne, Melbourne

Lunch

Kintsugi QI: Making broken healthcare better

Prof Karl Lorenz, Stanford School of Medicine, USA

Michelle DeNatale, Stanford Health Care, USA

1500 Forum close
Afternoon Refreshments
& relocate to conference if registered for ANZSPM 2026 conference programme
(10-15 min walk)

Communication Skills Workshop

0800 Workshop opening

1215 Workshop close

1215 - 1300 Lunch
& relocate to the conference (Albert Hall Launceston) if registered for the ANZSPM 2026 conference programme (10-15 min walk)

ALBERT HALL LAUNCESTON (47 Tamar Street)

0900	ALBERT HALL FOYER Registration Desk open
0930	ALBERT HALL FOYER Morning Refreshments
1000	Special Interest Workshops (running concurrently): JOHN DUNCAN ROOM Kidney Supportive Care
	TAMAR ROOM Neuropalliative Care: Navigating Complex Symptoms and Decisions at the End of Life
	CONVERGE, VERGE HOTEL Public Health: From TOO-ism to WITH-ism
1200	Lunch Stretch your legs, breathe in the fresh Tassie air...it's a walk in the park! Launceston City Park, straight out the door from Albert Hall, was established in the 1820s by the Launceston Horticultural Society and handed over to the Launceston City Council in 1863. It is now an important part of cultural life in Launceston and a heritage park.
1300	Special Interest Workshops (running concurrently): JOHN DUNCAN ROOM Respiratory - Breathing well at home: more than the lungs
	TAMAR ROOM Rural and Remote / GP: Sharing Complexity: Hard Cases, Real Strategies for Palliative Care in Rural, Remote and Primary Practice
	CONVERGE, VERGE HOTEL Spiritual Dimension of Palliative Care
1500 - 1545	ALBERT HALL FOYER Afternoon Refreshments
1600	GREAT HALL Conference Opening Assoc Prof Odette Spruijt, ANZSPM 2026 Convenor Aunty Delia Summers, Elders Council of Tasmania Aboriginal Corporation Minister Bridget Archer MP, Tasmanian Government Minister for Health, Mental Health and Wellbeing / Minister for Ageing Dr Ahmed Nagla, ANZSPM President
1630	GREAT HALL CHAIR: Dr Ahmed Nagla, ANZSPM President Rosalie Shaw Oration Dr Frank Brennan AM
1720	GREAT HALL Plenary 1 CHAIRS: Dr Michelle Gold & A/Prof Carol Douglas The role of creativity in connecting with patients and providing care Dr Sharonne Zaks AM, Melbourne Dental Clinic and University of Melbourne, Melbourne
1805	Close of Day 1

1815 -
2030

ANZSPM 2026 Welcome Reception, Albert Hall Launceston

ALBERT HALL FOYER

Our entertainment:

Christopher “CJ” Jones is a dedicated and accomplished pianist who began playing at the age of six. CJ has developed a versatile and expressive style, reflected in his outstanding success across classical, modern, baroque, contemporary, and modern repertoire.

A standout moment in CJ’s career was his appearance on the ABC television program “The Piano”, where he was selected to perform and voted through to play in the final episode at the Sydney Recital Hall – an achievement that brought his talent to a national audience. CJ has also appeared as a special guest artist in two ABC Classic 100 Concerts at Hamer Hall in Melbourne.

He regularly performs at corporate events, festivals, community events, and aged care facilities, connecting with audiences of all ages through his engaging performances. He has had the opportunity to work alongside respected artists including Guy Sebastian, Andrea Lam and Ed Tulsa.

Now developing his career as both a pianist and singer-songwriter, CJ’s goal is to build an international career through original music and live performance. At the heart of his work is a simple message: *Being different can be a strength and music can help people feel seen, understood and connected.*



FRIDAY 25 SEPTEMBER

ALBERT HALL LAUNCESTON (47 Tamar Street)

0700	ALBERT HALL FOYER Registration Desk
0715	CONVERGE, VERGE HOTEL, 50 Tamar Street ANZSPM AGM breakfast (members only)
0730	CONVERGE, VERGE HOTEL, 50 Tamar Street ANZSPM AGM (members only)
0830	GREAT HALL Plenary 2 CHAIRS: Prof Jennifer Philip & A/Prof Davinia Seah What is a good death? An economic research agenda for Palliative Care Prof Eric Finkelstein, Duke-NUS Medical School, Singapore
0915	GREAT HALL Plenary 3 CHAIRS: A/Prof Odette Spruijt & Prof Melanie Lovell Advocacy for global change - addressing the abyss of lack of access to palliative care and pain relief Dr Elizabeth Saenz, United Nations Office on Drugs and Crime, Austria (virtual) Prof Karl Lorenz, Stanford School of Medicine, USA Dr Shilpa Khanna, Sangwari, India
1015	Poster Speed Talks 1: - Using the Australian Refined Diagnosis Related Groups (AR-DRG) casemix classification to describe complexity in patients admitted under a specialist palliative care service Dr Estelle White, Chris O'Brien, Lifehouse Hospital - No rest for the weary: Case studies of complexities with restless legs syndrome management in an outpatient supportive and palliative care setting Dr Shalini Ponnampalam, Austin Health - A decades-old winning formula: continuous subcutaneous infusions (CSCI) and drug combinations in palliative care Dr Mary Andhoga, Mary Potter Hospice - A Dose of Grief: Death education for medical students Paris Matthews & Isabelle Ewert, University of Melbourne - Diagnosis-associated differences in continuous subcutaneous infusion use and end-of-life decision making: malignant versus non-malignant disease Dr Vivek Narotam, Ipswich Hospital
1020	Poster Speed Talks 2: - Providing outpatient palliative care for patients with non-malignant diagnoses: a pilot evaluation Dr Clare Browne, Austin Health - Impact of COVID-19 pandemic on palliative care delivery for people living with dementia in residential aged care: Facility Manager perspectives Dr Manoshayini Sooriyakumaran, Peter MacCallum Cancer Centre - Rapid Analgesia Without Opioids: Inhaled Methoxyflurane for Acute Pain in Palliative Care — A Prospective Audit Dr Yew Chin Lau, Peel Health Campus - Silencing the persistent cough: speech pathology intervention in palliative care Dr Caroline Xue, Monash Health

1025	Poster Speed Talks 3: - Australia's medication shortages in palliative care – a call for a multi-agency response Dr Shalini Ponnampalam, Austin Health - Experiences of assisted telehealth for medical review in community palliative care: a retrospective cohort review Dr Fan-en (Annie) Chiu, Mercy Palliative Care - Enabling Home with Grace and Dignity: Early Success of a Reliable Harmonised Compassionate Discharge Model Angie Lim, National University Hospital Singapore - Comfort Over Cure: Lessons from a case of End-Stage Kidney Failure in Systemic Sclerosis Dr Shabana Kalla, NSW Health
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1030 **ALBERT HALL FOYER**
Morning Refreshments and Exhibition

1100 Concurrent Session 1			
GREAT HALL CHAIRS: Prof Jennifer Philip & A/Prof Natasha Michael	TAMAR ROOM CHAIRS: Prof Karl Lorenz & Dr Christine Drummond	JOHN DUNCAN ROOM CHAIRS: A/Prof Fiona Runacres & Dr Michelle Gold	CONVERGE, VERGE HOTEL CHAIRS: Prof Greg Crawford & Dr Jacqueline Duc
Timely referral / improving access	International and national advocacy for equity of access to essential medicines and palliative care	Evolving concepts of palliative care practice	Evolving concepts of palliative care
Early palliative care – how do we make it happen? Prof Jenny Philip, Palliative Care Nexus, University of Melbourne	A facilitated structured approach to establish a collective purpose statement to advance palliative care in the Asia Pacific region: the Cynthia Goh Fellowship initiative Dr Aaron Bak Ong Wong, Eastern Health	Comparing symptoms and outcomes between non-malignant patients in Australian inpatient palliative care: a multi-site observational study A/Prof Davinia Seah, St Vincent's Hospital Sydney Ltd	Be SMART: Rethinking Methadone Initiation and Rotation for Cancer Pain in Routine Palliative Care Dr Warrick Jones, North Haven Hospice
	Strengthening palliative care in the Indo-Pacific through a cervical cancer elimination program: the EPICC model Prof Melanie Lovell, Hammondcare	Malignant versus non-malignant inpatient palliative care at three Australian metropolitan services: a 10-year observational cohort study (2015–2024) Dr Hisato Kosai, University of Technology Sydney	A simple approach to improve understanding of why Pro re nata opioids and/or benzodiazepines are being administered in hospitalised palliative care patients Dr Sarah Pascoe, St Vincent's Hospital Melbourne
Moving upstream: Identifying newly referred patients to Medical Oncology suitable for early palliative care by utilising the “Royal Marsden Triggers Tool” Dr Patrick Daly, Southern Adelaide Palliative Care Service	The Economic Impact of Early Palliative Care in Australia A/Prof Chris Schilling, University of Melbourne	Voluntary Assisted Dying in an Inpatient Palliative Care Unit: A 3-Year Retrospective Audit of Prevalence, Clinical Characteristics, and Outcomes Dr Andrew Young, Specialist Palliative Care Service - North	Concurrent sedative use after phenobarbital initiation in palliative sedation therapy: a descriptive audit and guideline-based analysis Dr Hossein Kasiri, Austin Health

Timeliness and appropriateness of referrals to specialist palliative care from primary care: Perspectives from specialist palliative care services Dr Arjun Poudel, Palliative Care Outcomes Collaboration, UOW	Impact of Hydromorphone Slow Release Discontinuation on Opioid Prescribing: A Retrospective Advanced Cancer Cohort Study Dr Aaron K Wong, Peter MacCallum Cancer Centre	Voluntary Assisted Dying in an Institutional Non-Participating Specialist Palliative Care Service – Processes, Outcomes and Learnings Dr Alexander Kochi, Queensland Health	CMV reactivation after Checkpoint Inhibitor Immunotherapy. Thinking outside the box in patients with refractory symptoms Dr Alison Blight, Palliative Care Specialist Private Practice
Care of the most complex- how collaboration is the key Dr Abigail Franklin, Manly Adolescent and Young Adult Hospice	What is a 'good death' in Sri Lanka? A/Prof Odette Spruijt, TAS SPCS North	Perceptions of the Effect of Sound, Light and Temperature in a Palliative Care Ward: Survey of Perspectives of Patients and Staff A/Prof Davinia Seah, St Vincent's Hospital Sydney Ltd	

1215

ALBERT HALL FOYER

Lunch and Exhibition

SIG Meetings 1220 – 1310 *Collect your lunch and take with you to the meeting room*

Rural & Remote **Tamar Room**

Older Persons Palliative Care **John Duncan Room**

Stretch your legs, breathe in the fresh Tassie air...it's a walk in the park! Launceston City Park, straight out the door from Albert Hall, was established in the 1820s by the Launceston Horticultural Society and handed over to the Launceston City Council in 1863. It is now an important part of cultural life in Launceston and a heritage park.

1315 Concurrent Session 2

GREAT HALL CHAIRS: A/Prof Carol Douglas & Dr Carol McAllum Palliative care in underserved populations, including low and middle income countries	TAMAR ROOM CHAIRS: Dr Florry O'Connell Psychoexistential dimensions of palliative care practice, including spiritual care	JOHN DUNCAN ROOM CHAIRS: Dr Delamy Keall & Dr Gauri Gogna Evolving concepts of palliative care practice	CONVERGE, VERGE HOTEL CHAIRS: Dr Rosemary Ramsay & A/Prof Mark Boughey Models to improve access to palliative care
Empowering Sri Lankan healthcare workers to deliver a 'good death'- a strengths-based framework and approach Prof Jennifer Philip, University of Melbourne	The use of rituals to address spiritual needs in palliative care: An Australian cohort study A/Prof Natasha Michael, University of Notre Dame Australia	Proportionality in palliative sedation therapy: bridging the gap between guideline intent and clinical practice Dr Hossein Kasiri, Austin Health	He Whare Korowai – an innovative approach to community inpatient palliative care. West Auckland, New Zealand Dr Celia Palmer, Hospice West Auckland

End of life care for elderly people with chronic, progressive non-cancer illness – a retrospective audit of the quality of dying in a small metropolitan hospital Dr Phyllis Tay, Tasmanian Health Service	Re-conceptualising wellbeing in palliative care Dr Claire Stokes, Mater Hospital Brisbane	Body and Mind - the unique role of a psychiatrist in caring for patients in two very different palliative care units in Sydney, Australia Dr Abigail Franklin, Manly Adolescent and Young Adult Hospice	A social history of Palliative Medicine in Australia and New Zealand Dr Ofra Fried, Queensland Health
Bridging the Gap in Specialized Cancer Pain Management: “CHALLENGE-Canpain,” a Remote Expert Consultation Platform Dr Eriko Satomi, National Cancer Center Hospital	Evaluating Psycho-existential Outcome Measures for Psychedelic Trials in Palliative Care: A Scoping Review A/Prof Seunghun Lee, Pusan National University & Prof Phillip Good, SVHA/MATER	Implications of High Risk Pharmacogenomic Variants for Symptom Management Prescribing in Palliative Cancer Care Dr Aaron K Wong, Peter MacCallum Cancer Centre	Projecting Unmet Palliative Care Needs in Australia: A Health Workforce Planning Model for Palliative Care A/Prof Chris Schilling, University of Melbourne
The Cost of Informal Cancer Caregiving (CCC) Questionnaire: pilot of a co-designed tool for palliative oncology Prof Jennifer Philip, University of Melbourne	A Prospective Cohort Study Evaluating the Psycho-Existential Concerns and Psychopathology in Advanced Illness A/Prof Natasha Michael, University of Notre Dame Australia	Chinese-Australian Patients and Carers in Palliative Care: A Qualitative Study of Experiences, Cultural Dimensions and Challenges to Person-Centred Care Dr Theresa Nguyen, Blacktown Hospital	Developing a “Last 1000 Days” Framework in Aged Care: Integrating Frailty, Reablement, End-of-Life Care and Voluntary Assisted Dying into Clinical Governance Glen Williams, Onecare Ltd

1415 Concurrent Session 3

GREAT HALL CHAIRS: Dr Chien-Che Lin & Dr Merlina Sulistio International and national advocacy for equity of access to essential medicines and palliative care	TAMAR ROOM CHAIRS: Prof Eric Finkelstein & Dr Sara Rendo Models to improve access to palliative care	JOHN DUNCAN ROOM CHAIRS: Prof Phillip Good & Dr Maxine Glanger Respecting Personhood	CONVERGE, VERGE HOTEL CHAIRS: Dr Wendy Pattemore & Dr Ofra Fried Palliative care in underserved populations, including low and middle income countries
A national pharmacoepidemiologic study of rapid-onset opioids for advanced cancer in Australia, 2013–2025: rarely used, intensively dosed Dr Aaron K Wong, Peter MacCallum Cancer Centre	Going the extra mile: Teletrials in palliative care Dr Claire Stokes, Mater Hospital Brisbane	Reframing Hope Under Time Constraints: A Case of Restoring Patient-Led Decision Making in Hospice Care Dr Misaki Fujiwara, Kin-ikyo Chuo Hospital	How do Sri Lankan newspapers represent palliative care? A discourse analysis Prof Jennifer Philip, University of Melbourne

Improving community-based anticipatory prescribing at end of life: embedding the National Core Community Palliative Care Medicines List Dr Arvind Gunasekaran, Queensland Health	Is palliative care associated with lower terminal hospital costs for people with non-cancer diagnoses? A single site retrospective study A/Prof Davinia Seah, St Vincent's Hospital Sydney Ltd	Bespoke virtual carer support: lessons from lived experience and the Specialist Palliative Care Rural Telehealth (SPaRTa) Service Dr Prem Ram, SCHHS Palliative Care	Mapping Home-Based Palliative Care Need in rural Central India Dr Shilpa Khanna, Sangwari Comprehensive Primary Health Care
Dying Gracelessly? Deaths in hospital of RACF Residents: A retrospective mixed-methods analysis of precipitating factors and the quality of end of life care Dr Shampa Sinha, St Vincent's Hospital	Caring for the Carer: A Pilot Telehealth Carer Coaching Model for Carers of People Receiving Palliative Care in Rural and Remote Queensland Kelly Buzza, Sunshine Coast Hospital & Health Service	Respecting Personhood Through Integrative Care: Making Invisible Clinical Work in Palliative Care Visible Dr Carrie Lethborg, St Vincent's Hospital	Pathways to access timely pain management and palliative care for people with pancreatic cancer Prof Jennifer Philip, University of Melbourne
1500 - 1530	ALBERT HALL FOYER Afternoon Refreshments and Exhibition		
1530	GREAT HALL Plenary 4 CHAIRS: Prof Greg Crawford & Dr Sid Vemuri Where science meets the art of caring Dr Masanori Mori, Seirei Mikatahara General Hospital, Japan (virtual)		
1615	GREAT HALL Plenary 5 CHAIRS: Prof Greg Crawford & Dr Sid Vemuri Exploring prognosis with parents of very sick children Dr Naomi Katz, Alfred Health and Melbourne Health / Peter MacCallum Cancer Centre, Melbourne		
1645	Close of Day 2		
1830 - 2200	ANZSPM 2026 Conference Dinner St John's Church, 157 St John Street		
2200 - 2400	Party on at the Dill Pickle Club! Level 1/78 St John Street		

SATURDAY 26 SEPTEMBER

ALBERT HALL LAUNCESTON (47 Tamar Street)

0800 ALBERT HALL FOYER

Registration Desk open

0830 CONVERGE, VERGE HOTEL, 50 TAMAR STREET

ACHPM FELLOWS UPDATE

0900 Concurrent Session 4

GREAT HALL CHAIRS: Prof Karl Lorenz & A/Prof Davinia Seah	TAMAR ROOM CHAIRS: A/Prof Peter Poon & Dr Sarah Dunlop	JOHN DUNCAN ROOM CHAIRS: A/Prof Jaclyn Yoong & A/Prof Natasha Michael
Quality improvement in palliative care	Quality improvement in palliative care	Humanities and palliative care
Retrospective observational study of levomepromazine use in end-of-life care in a metropolitan palliative care inpatient unit Dr Luc Farnan, Mater Hospital	Palliative Care Input and Treatment Patterns in Heart Failure Patients at End of Life in a Hospital Setting- A Retrospective Cohort Study Dr Than Than Aye, Palliative Nexus, St Vincent Health	The Ethics of Palliative Sedation: Navigating Uncertainty at the End of Life Dr Daniel Dorevitch, Children's Health Queensland
What are the Barriers to Achieving Home Death in Patients Receiving Community Specialist Palliative Care? Dr Kris Gem Danica Pasia, St Vincent's Private Hospital Brisbane	Enhancing telehealth in palliative and cancer outpatient care: Evaluating the implementation of a novel consultation summary software application Dr Laura Bird, Monash Health	Ethical scaffolding and end-of-life care: moral distress and the limits of clinical guidance Aahana Dudani, Monash University
Assessing quality of dying in patients with advanced renal failure in the Australian Capital Territory: a multi-instrument quality care evaluation Dr Lucy Aitken, QLD Health	Residential aged care staff and their desire for Goals of Care training: Findings from IMPART trial A/Prof Barbara Hayes, Northern Health	Bridging Ethics and Innovation: An ethical evaluation of teletriads in patients with advanced cancer receiving palliative care Dr Claire Stokes, Mater Hospital Brisbane
Palliative Care clinicians' medication recommendations for Intensive Care Unit patients transitioning to ward-based end-of-life care: a descriptive study Dr Amanda Tan, Melbourne Health & Eastern Health	Consumer dissatisfaction in a specialist palliative care service Prof Phillip Good, SVHA/MATER	The Lethal Absence of Hope Dr Sherina Mubiru, Tasmanian Health Service / Royal Hobart Hospital
Describing incidence, outcomes and risk factors of falls with injury in the community palliative care setting: a retrospective cohort study Dr Frances Squires, Royal Melbourne Hospital	Simplifying the highly complex-tailored CMLs for adolescent and young adults with palliative care needs Dr Abigail Franklin, Manly Adolescent and Young Adult Hospice	Geographic variation in symptoms at palliative care admission among Australian cancer patients Jared Tang, University of Notre Dame
End-of-life care quality indicators for residential aged care facility residents: a retrospective cohort study of hospital and facility deaths Dr Merlina Sulistio, Cabrini Health	Frailty, Fracture and the Final Chapter, looking at palliative surgery through a Geriatrics Lens Dr Ajuma Ogiji, Royal Brisbane and Women's Hospital/STARS	

1030 **ALBERT HALL FOYER**
Morning Refreshments and Exhibition

1030 **Poet-in-residence**

- 1530

Cameron Hindrum will join us for the day, writing poetry and his own *reflections*. You are welcome to sit and write with him or just stop for a chat.

Cameron lives, writes and works in Launceston. He has published a novel, *The Blue Cathedral* (Forty South Books) with his second due for publication in late 2026. That novel, *The Sand*, won the University of Tasmania Prize for best unpublished manuscript at the 2022 Tasmanian Premier's Literary Awards. He has published three collections of poetry and had two plays professionally produced in Tasmania. He also publishes microfiction, works of around 500 words, on Substack: <https://cameronhindrum.substack.com/>.

His work in the context of this conference focuses on crafting experience, memory or loss into poetry, finding beauty in difficult emotions and using creative writing as it was always intended: to comfort the disturbed, and (when necessary) to disturb the comfortable.

1100 **Poster Speed Talks 4:**

- Increased collaboration between a hospice and a Māori health and social service provider following joint delirium research
Kaye Basire, Te Omanga Hospice
- Assessment of Bereavement Risk and the Acceptability and Feasibility of a Bereavement Support Service at an Acute Tertiary Hospital
A/Prof Jaclyn Yoong, Northern Health/ Monash Health
- Understanding place of death in patients with solid organ malignancies – a retrospective comparison of deaths at an acute hospital and an inpatient palliative care unit
Dr Matthew Stanny, Tasmanian Health Service
- Advance care planning in end-stage liver disease: A mixed-methods systematic review
Dr James Newman, NSW Health
- MethoxyFLurane inhaler for single episode cancer-related incident pain in palliative cARE patients: The FLARE Feasibility Study Protocol
Dr Ahmed Nagla, Latrobe Regional Health

1105 **Poster Speed Talks 5:**

- The impact of embedding pharmacy expertise in a regional specialist palliative care service - bridging gaps in medication management for patients and healthcare professionals
Niamh O'Neill, WNSWLHD
- Differences in O₂ related observations in patients who received pleurodesis and patients who received a pleural drain, for the management of malignant pleural effusion
Jasmin Juncal, The University of Notre Dame
- Going Home on Time (GHOT): A quality improvement project aimed at streamlining workload in a Specialist Palliative Care Consult Team
Dr Naomi Gleadle, Tasmanian Health Service
- The role of smoking ceremonies in end-of-life care for Aboriginal patients and communities in providing culturally safe, patient-centred care in Western Sydney **Jiv Matthews, Western Sydney Local Health District**
- Examining Advance Care Planning Practices: A Descriptive Study of ACP Tracker Utilisation
Dr Prem Ram, SCHHS Palliative Care

1110 Poster Speed Talks 6:

- Pilot project: implementation of a structured patient/family experience feedback process to drive quality improvement in a specialist palliative care unit
Dr Fan-en (Annie) Chiu, Mercy Palliative Care
- End of Life Care for Residential Aged Care Home Residents in a Regional Australian Hospital
Dr Lauren Wild, University of Sydney
- Ward-Based Palliative High-Flow Nasal Oxygen: Should It Become Standard Practice?
Dr Jessica Borbasi, Prince of Wales
- An Audit of Sodium Valproate Continuous Subcutaneous Infusion Use in the Inpatient Hospice Setting
Dr Sivaraj Rajadorai, Canberra Health Service
- Do Nutrition Screening Practices and Dietitian Referrals in a Palliative Care Unit vary by Admission Goals of Care? A Retrospective Audit
Alyssa Yap, Monash University
- Reframing palliative care conversations: a co designed educational approach to supporting timely integration in cancer care
A/Prof Amy Waters, St George Hospital

1115 GREAT HALL

Plenary 6

CHAIR: Dr Maxine Glanger

FACILITATOR: Heather Kent, CEO Palliative Care Tasmania

Creative solutions: food for thought, space to breathe, music to our ears

Hanz Lee, JAWS Architect, Hobart

Emily Sanzaro, Occupational Therapist and Harpist, Launceston

Paul Amourgis & Carly Palmer, Van Diemens Land Creamery, Elizabeth Town

1230 ALBERT HALL FOYER

Lunch and Exhibition

SIG Meetings 1240 – 1320 *please collect your lunch and take with you to the meeting room*
Respiratory **John Duncan Room**

Stretch your legs, breathe in the fresh Tassie air...it's a walk in the park! Launceston City Park, straight out the door from Albert Hall, was established in the 1820s by the Launceston Horticultural Society and handed over to the Launceston City Council in 1863. It is now an important part of cultural life in Launceston and a heritage park.

1330 Concurrent Session 5

GREAT HALL CHAIRS: Dr Naomi Katz & Dr Laura Booth Other	TAMAR ROOM WORKSHOP Relational Care	JOHN DUNCAN ROOM CHAIRS: Dr Aaron K Wong & Michelle DeNatale Quality improvement in palliative care	CONVERGE, VERGE HOTEL CHAIRS: Dr Jennifer Weil & A/Prof Carol Douglas Education and training in palliative care
Patient-reported outcome measures for supportive care in heart failure: results from an Australian heart failure clinician survey Dr Laura Bird, Monash Health	WORKSHOP Grief and Art: Honouring the Grieving Process Through Creative Expression Christina Wilson, University of Maryland	Enabling rapid quality improvement in palliative care: implementing the PCOC digital dashboard Sabina Clapham, Palliative Care Outcomes Collaboration, UOW	From co-design to clinical practice: designing an online education course to support timely palliative care integration in cancer care A/Prof Amy Waters, St George Hospital
Implementation of integrated palliative care outcome scale (IPOS) into palliative care clinics Dr Kimberly Ming Li Gan, Concord General Hospital		Deprescribing practices for elderly patients admitted to a palliative care unit in Sydney, NSW: A retrospective cohort study Dr Ashleigh Elkins, Chris O'Brien Lifehouse	A bi-directional approach to education and learning - The Northern Tasmanian Palliative Care Project ECHO Dr Faline Howes, Tasmanian Health Service
The challenges of left ventricular assist device de-activation: when the bridge becomes a destination Dr Shampa Sinha, St Vincent's Hospital		Nutrition Screening Practice and Dietitian Referral Patterns in a Palliative Care Unit: Audit of the Malnutrition Screening Tool Use Alyssa Yap, Monash University	Updating ANZSPM Guidance Statement: Use of Palliative Sedation Therapy (PST) in Australia and New Zealand Dr Chien-Che Lin, Eastern Palliative Care
Patterns of Healthcare utilisation and palliative care in the last 12 months of life Dr Megan Opferkuch, Northern Health		Home-Based Goals of Care: Enhancing Communication and Decision-Making in the Community Dr Hao Zhuo & A/Prof Barbara Hayes, Northern Health	Australian Recommendations for the Management of Hepatocellular Carcinoma: A Consensus Statement Dr Maria Cigolini, RPAH Sydney
Antimicrobial prescribing patterns in the last 2 weeks of life at a single tertiary hospital Dr Merlina Sulistio, Cabrini Health		Development of a statewide Community of Practice (COP) for Motor Neurone Disease (MND) Care partnering with people with lived experience Dr Dharshini Kunahlan, Calvary Health Care Bethlehem & Latrobe Regional Health	
The Carbon Footprint of an Australian Palliative Care Unit Prof Phillip Good, SVHA/MATER		Advance care planning in older inpatients being discharged to residential aged care facilities Dr Kevin Danagher, North Metropolitan Hospital Service	

1500 ALBERT HALL FOYER

Afternoon Refreshments and Exhibition

1530 GREAT HALL

Plenary 7

CHAIRS: Dr Wendy Pattemore & Dr Florry O'Connell

Psychedelics in clinical care

Dr Justin Dwyer, Psychiatrist, Melbourne

Dr Marg Ross, Clinical Psychologist, Melbourne

1630 GREAT HALL**-1700 Conference Close - Awards & Reflections**

Assoc Prof Odette Spruijt, ANZSPM 2026 Convenor

Dr Ahmed Nagla, ANZSPM President

1715 - ALBERT HALL FOYER**1800 Performance: ade ishs, pianist** (cash bar open)

ade ishs is a Tasmanian-based pianist and composer whose music brings together lyrical melodies, rich harmonies, and an improvisational spirit. A regular performer at festivals and venues, he enjoys creating music that invites listeners to pause, reflect and share in the moment.

Away from the piano, ade is a data and technology professional with a PhD and an academic background in computer science and music information retrieval research. These different worlds meet in his music through curiosity, structure and the occasional willingness to ignore algorithms entirely.

1715 - GREAT HALL**1905 Film: Edge of Life**

'The doorway to death is the last great frontier in human life. Intellectually, we all know our lives will end, and yet - in the Western world at least - we act as if death is a mirage, disappearing the closer we move towards it. Two doctors in Australia are using psilocybin to help ease the anguish of their patients at the end of life, and the results they have seen are truly remarkable. But this visioning tool, like other plant medicines, is not new; it comes from ancient traditions.'

Writers: Lynette Wallworth & Tashka Yawanawa | Director: Lynette Wallworth | Producer: Jo-anne McGowan, Stranger Than Fiction Films

1 hour 50 minutes duration
